

# Breakfast served all day

<b>Belgian Waffle</b>	\$5.50
fresh whipped cream and powdered sugar	
<b>Fruit Belgian Waffle</b>	\$7.50
strawberries, bananas & whipped cream	
<b>Belgian Waffle Combo</b>	\$9
2 eggs cooked to order, bacon or sausage	
<b>Jammin' Crepe Combo</b>	\$8
jam and cream crepe, 2 eggs, bacon or sausage	
<b>Ham, Egg &amp; Swiss Cheese Crepe</b>	\$5.50
<b>Steak &amp; Egg Crepe</b>	\$7
Grilled sirloin, fried egg, salsa & sour cream	
<b>Veggie Scramble Crepe</b>	\$7
1 egg, potatoes, tomatoes, spinach, with cheddar, sour cream & salsa on the side	

## Benedicts

full order    1/2 order

<b>Crepes Benedictine</b>	\$8	\$6
poached eggs, ham and Hollandaise sauce		
<b>Crepes Florentine</b>	\$8	\$6
poached eggs, spinach & Hollandaise sauce		
<b>Crepes Boulderado</b>	\$8	\$6
poached eggs, beef, balsamic onions and Hollandaise		
<b>Crab Benedictine Crepes</b>	\$10	\$7
poached eggs, crab meat, avocado and Hollandaise		

## Omelets

Made with 3 farm-fresh eggs, (egg white omelets available)

choice of home-fries or fruit salad and 9-grain or sourdough toast

<b>Artichoke, Spinach &amp; Cheddar</b>	\$8
<b>Avocado, Bacon &amp; Swiss</b>	\$8
<b>Chicken-Apple Sausage &amp; Cheddar</b>	\$8
<b>Mushroom and Swiss</b>	\$8
<b>Pesto, Tomato &amp; Mozzarella</b>	\$8
<b>Cheese</b> (cheddar, Swiss or Monterey jack)	\$7
<b>Denver Omelet</b>	\$8

## Classic

<b>2 Eggs freestyle breakfast</b>	\$6.50
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eggs cooked any way you like them with toast, bacon or sausage and home fries or fruit

<b>1 Egg freestyle breakfast</b>	\$5
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same as above just with one egg

## Side Orders

<b>Fresh fruit</b>	\$2.50	<b>Chicken Sausage</b>	\$3
<b>Green Salad</b>	\$2	<b>Toast(2 Slices)</b>	\$1.50
<b>Home-fries</b>	\$2	<b>Tuna Salad</b>	\$3.50
<b>Potato Salad</b>	\$2	<b>1 egg</b>	\$1.50
<b>Orzo Salad</b>	\$2	<b>Greek Salad</b>	\$3.50
<b>Bacon(2 pieces)</b>	\$3	<b>Chicken Salad</b>	\$3.50
<b>Fresh OJ</b>	\$3.25sm/\$4lg		

Sweet Pea's caters. Have our Crepe station at your next party or corporate event. Check out our catering menu online at [www.sweetpeascrepes.com](http://www.sweetpeascrepes.com)  
email inquiries to [chefmcbride@gmail.com](mailto:chefmcbride@gmail.com)  
Thank you for eating at Sweet Pea's.

Crepes, Omelets, Sandwiches, Salads, Soups, Quiche

# Sweet Pea's

Cafe and Catering

*It's all Good!*

## Cafe Menu

Spring 2011

Capitola



Capitola	@ 2121 41st Ave 831-476-2737 9 am-4 pm closed Mondays
Los Gatos	@ 453 N. Santa Cruz Ave 408-354-3144 9 am-4 pm Daily

Online [www.sweetpeascrepes.com](http://www.sweetpeascrepes.com)

## Savory Crepes

choice of original or buckwheat or gluten-free vegan

<b>Spinach Mushroom and Feta</b> white wine mushroom sauce	\$7
<b>Grilled Chicken and Pesto</b> mozzarella, tomato slices, fresh basil pesto	\$8
<b>Roasted Turkey &amp; Sun-Dried Tomato</b> Monterey jack, white wine mushroom sauce	\$8
<b>Ratatouille and Mozzarella</b> white wine mushroom sauce	\$7
<b>Chicken Pomodoro</b> mozzarella, tomato garlic sauce, Parmesan	\$8
<b>Shrimp &amp; Avocado</b> mozzarella, salsa, sour cream	\$9
<b>Beef Briand</b> Sirloin, brie, balsamic onions, horseradish sauce	\$8
<b>Santa Fe Chicken</b> mild green chilies, Monterey jack, sour cream, salsa	\$8
<b>Ham and Swiss</b> honey mustard spread	\$7
<b>Turkey &amp; Brie</b> roasted red peppers, white wine mushroom sauce	\$8
<b>Hawaiian Pizza Crepe</b> Ham, pineapple, mozzarella and tomato garlic sauce	\$7

## Sweet Crepes

served with fresh whipped cream

<b>Nutella</b>	\$4.50
<b>Bananas and Nutella</b>	\$5.50
<b>Parisian Lemon</b>	\$3.50
<b>Strawberry and Nutella</b>	\$6
<b>Jammin' Crepe</b>	\$4.20
<b>Strawberries and Cream</b>	\$5.75
<b>Mixed Fruit and Yogurt</b>	\$5.50
<b>Mixed Berries &amp; Custard</b>	\$6
<b>Apple and Cinnamon</b>	\$5.50

## Salads

	full	half
<b>Mixed Green Salad</b> cherry tomatoes, cucumbers & our house vinaigrette	\$7	\$4
<b>Caesar Salad</b> crisp romaine, shaved Parmesan and croutons	\$7	\$5
<b>Grilled Chicken Caesar</b>	\$8.50	\$6.50
<b>Greek Salad</b> French beans, cucumbers, cherry tomatoes, red onions, kalamata olives and feta on crisp romaine lettuce	\$8	\$6
<b>Apple Gorgonzola</b> organic greens with spicy walnuts, apples and Gorgonzola with balsamic vinaigrette	\$8	\$6
<b>Spinach Salad</b> baby spinach with dried cranberries, feta, walnuts and raspberry vinaigrette	\$8	\$6

Customize your salad

1/2 avocado	\$1	tuna salad	\$3
portobello mushroom	\$3	grilled salmon	\$4
grilled chicken	\$3	bay shrimp	\$3
chicken salad	\$3	snow crab	\$4

## Hamburgers

All burgers are hand-made with certified black angus ground chuck and served with mayo baby greens and sliced tomato and onion.

	Single 1/4 Lb	Double 1/2 Lb
<b>Classic Burger</b>	\$3.25	\$5
<b>Classic Cheese Burger</b>	\$3.75	\$6
<b>Green Chili Jack Burger</b>	\$4.75	\$6.50
<b>Bacon Gorgonzola Burger</b> with balsamic onions	\$5	\$7
<b>Fresh Cut French Fries</b>		\$1.50
<b>Garlic Fries</b> with basil and parmesan		\$2.00

## Sandwiches

made with mayonnaise and baby greens unless requested

<b>Napa Chicken</b> Swiss, bacon, balsamic onions, tomato, ciabatta	<b>Hot!</b>	\$8
<b>Grilled Chicken and Pesto</b> Pesto, Monterey jack, tomato, focaccia	<b>Hot!</b>	\$7.50
<b>Roasted Turkey and Avocado</b> Monterey jack, tomato, sliced sourdough		\$7
<b>Fresh Mozzarella and Tomato</b> pesto, French roll		\$7
<b>Grilled Chicken and Brie</b> roasted red pepper strips, ciabatta		\$8
<b>Ham and Swiss Cheese</b> honey mustard, roasted red pepper strips, French roll		\$6
<b>Tuna Salad</b> 9 grain bread		\$6
<b>Chicken Salad</b> Dried cranberries, apples and pecans, 9 grain bread		\$6
<b>Grilled Portobello</b> avocado, roasted red peppers, honey mustard, whole wheat roll	<b>Hot!</b>	\$7
<b>Cheese Steak</b> Sirloin, Swiss, balsamic onions and mushrooms, French roll	<b>Hot!</b>	\$7

## Wraps

Made with whole wheat tortillas

<b>Chicken Caesar Wrap</b> chicken breast and romaine tossed with shaved Parmesan and Caesar dressing	\$7
<b>Grilled Salmon Wrap</b> feta, chipotle mayo, red onions, tomatoes and greens	\$8

## Quiche

served with your choice of green salad or fruit salad

**Baked fresh daily:** choices may include Quiche Lorraine, Broccoli & Cheddar, Portobello Mushroom Roasted Red Pepper and our Mexican Boudin

## Soups

	Prepared fresh daily Cup	Bowl
	\$3.75	\$5.50
<b>1/2 Sandwich &amp; Cup of Soup</b>		\$7
<b>1/2 Sandwich &amp; Side Salad</b> (mixed greens or fruit)		\$6

Sweet Pea's uses only the finest quality ingredients and fresh local produce to prepare your food. Prices and availability are subject to change.