

## Sweet Pea's Cafe - Menu

Two locations to serve you!

Sweet Pea's Capitola	Sweet Pea's Los Gatos
2121 41st Avenue, Capitola	453 N.Santa Cruz Avenue
<a href="#">on the ocean side of Highway 1</a>	

**To order call: Capitola 831-476-2737 Los Gatos 408-354-3144**

www.sweetpeascrepes.com

### BREAKFAST

**2 Eggs any style** with bacon or sausage and home fries **\$6.50**

**1 Egg any style** with bacon or sausage and home fries **\$5**

### Breakfast Crepes

**Crepes Benedictine** poached eggs, ham and Hollandaise **\$8 Half order \$6**

**Crepes Florentine** poached eggs, spinach & Hollandaise **\$8 Half order \$6**

**Crepes Boulderado** poached eggs, beef, balsamic onions and Hollandaise **\$8**  
Half order **\$6**

**Ham, Egg & Swiss Cheese Crepe** **\$7.50**

**Jammin' Crepe Combo** jam crepe, eggs, bacon or sausage **\$8**

**Steak & Egg Crepe** with jack cheese, salsa & sour cream **\$7**

**Veggie Scramble Crepe** egg, potatoes, tomatoes,  
spinach, and cheddar with sour cream & salsa **\$7**

**Crab Benedictine** poached eggs, crab meat, avocado and Hollandaise **\$10**

### Waffles

**Belgian Waffle** served with maple syrup **\$5.50**

**Fruit Waffle** strawberries, bananas & whipped cream **\$7.50**

**Waffle Combo** 2 eggs cooked to order, bacon or sausage **\$9**

### Omelets

Made with 3 eggs, served with homefries and toast.

**Artichoke, Tomato & Cheddar Omelet** **\$8**

**Avocado, Bacon & Swiss Omelet** **\$8**

**Chicken-apple Sausage & Cheddar Omelet** **\$8**

**Mushroom and Swiss Omelet** **\$8**

**Shrimp, Green chilies & Jack Omelet** **\$9**

**Pesto, Tomato & Mozzarella Omelet** **\$8**

**Cheese Omelet, cheddar, Swiss or jack** **\$7**

### Side Orders

**Fresh fruit** **\$2.50**

**Homefries** **\$2**

**Bacon (2 pieces)** **\$3**

**Chicken Sausage** **\$3**

**Toast (2 Slices)** **\$1.50**

**1 egg** **\$1.50**

**Green Salad** **\$2**

**Potato Salad** **\$2**

**Orzo Salad** **\$2**

**Chicken Salad** **\$3.50**

**Tuna Salad** **\$3.50**

**Greek Salad** **\$3.50**

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## **Sweet Crepes**

**Bananas and Nutella** Bananas with chocolate hazelnut spread **\$5.50**

**Grand Marnier Crepe** Custard filling with Grand Marnier liquor **\$7**

**Strawberry and Nutella** Strawberries with chocolate hazelnut spread **\$6**

**Caramel Banana Cream Crepe** Sliced banana caramel sauce and vanilla custard. **\$6**

**Strawberries and Cream** Sliced strawberries with sweet cream cheese **\$6**

**Mixed Fruit and Yogurt** Strawberries, pineapple and banana with non-fat yogurt **\$6**

**Lemon and Sugar** Lemon custard filling **\$5**

**Mixed Berry & Custard** Blueberries, raspberries, strawberries & blackberries **\$6**

**Apple and Cinnamon** Apples cooked with cinnamon and sugar **\$6**

## **Savory Crepes**

Our savory Crepes are made with original or buckwheat crepes.

add a side order of green salad or fries for \$1.50

**Mushroom Feta and Spinach** With white wine and mushroom sauce **\$8**

**Grilled Chicken and Pesto** With mozzarella, tomato slices and fresh basil pesto **\$8**

**Roasted Turkey & Sun-Dried Tomato** With jack cheese, and minced sun-dried tomatoes **\$8**

**Ratatouille and Mozzarella** Sautéed medley of eggplant, zucchini, bell peppers and tomato **\$7**

**Chicken Pomodoro Crepe** With mozzarella cheese and tomato garlic sauce **\$8**

**Shrimp & Avocado Crepe** With Mozzarella cheese, salsa and sour cream **\$9**

**Beef Briand Crepe** With Brie cheese, balsamic onions and a horseradish sauce **\$8**

**Santa Fe Chicken Crepe** With mild green chilies, jack cheese, sour cream and salsa **\$8**

**Ham and Swiss Crepe** Swiss cheese and honey mustard spread **\$7**

**Fresh Salmon Crepe** With fresh baby spinach and white-wine mushroom sauce **\$9**

**Turkey & Brie Crepe** With roasted red bell pepper and white wine and mushroom sauce **\$8**

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**Quiche** served with your choice of green salad or fruit salad. **\$8**

Baked fresh daily: (ask about our specials) choices may include Quiche Lorraine, Broccoli & Cheddar Quiche, Portabello Mushroom Roasted Red Pepper Quiche, Spinach Potato & Artishoke Quiche and Mexican Boudin

## **SOUPS**

Prepared fresh daily.

**Cup \$3.75 Bowl \$5.50**

**1/2 Sandwich & Cup of Soup \$7**

**1/2 Sandwich & Side Salad** (mixed greens or fruit) **\$6**

## **SALADS**

**Mixed Green Salad full \$7 half \$4**

Organic greens with cherry tomatoes, cucumbers & our light vinaigrette

**Caesar Salad full \$7 half \$5**

Romaine lettuce with croutons, Parmesan cheese and Caesar dressing

**Grilled Chicken Caesar full \$9 half \$7**

Caesar Salad with sliced grilled Chicken breast

**Greek Salad full \$8 half \$6**

French beans, cucumbers, cherry tomatoes, red onions, Kalamata olives and Feta cheese with our light vinaigrette on Romaine lettuce.

**Apple Gorgonzola full \$8 half \$6**

Organic greens with spicy walnuts, apples and Gorgonzola cheese with balsamic vinaigrette

**Spinach Salad full \$8 half \$6**

Baby Spinach with dried cranberries, Feta cheese and walnuts with raspberry vinaigrette

**1/2 avocado \$1**  
**grilled chicken \$3**  
**grilled salmon \$4**

**bay shrimp \$3**  
**tuna salad or chicken salad \$3**  
**grilled portabelo mushroom \$3**

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## **SANDWICHES**

**Grilled Chicken and Pesto** Greens, tomatoes, Pesto mayo and jack cheese on foccacia bread **\$7**

**Roasted Turkey and Avocado** Monterey jack cheese, baby greens & tomato on sliced sourdough **\$7**

**Fresh Tomato and Mozzarella** With Pesto mayonnaise and baby greens on a French roll **\$7**

**Roast Beef and Brie** Balsamic onions, roasted red pepper strips, baby greens ciabatta **\$8**

**Meatloaf Sandwich** Handmade all beef meatloaf on sourdough with tomato and greens **\$6**

**Napa Chicken Sandwich** Melted Swiss cheese, bacon, balsamic onions, tomato and greens **\$8**

**Ham and Cheese Sandwich** Baby greens, tomato slices and honey mustard on a French roll **\$6**

**Tuna Salad** Albacore tuna with capers, baby greens on 9 grain bread **\$6**

**Chicken Salad Sandwich** Dried cranberries, apples and pecans, greens on 9 grain bread **\$6**

**Grilled Portabello Sandwich** With avocado, roasted red peppers, honey mustard and alfalfa sprouts on whole wheat **\$7**

**Cheese Steak Sandwich** Swiss cheese, sautéed onion and mushrooms on a French roll **\$7**

## **WRAPS**

on a low-carb whole wheat tortilla

### **Chicken Caesar Wrap**

Chicken breast chopped and tossed with romaine and shaved Parmesan cheese and Caesar dressing **\$7**

### **Baja Wrap**

Beer battered fried fish with mild salsa, sour cream, avocado and greens **\$8**

### **Grilled Salmon Wrap**

With Feta cheese, chipotle mayo, red onions, tomatoes and greens **\$8**

## **OTHER**

### **Fish & Chips \$8**

Cod or salmon fried in traditional beer batter with fries